

April 2017 Newsletter

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Eight New Facilitators Trained in Orlando, FL

On Saturday, April 1, seven women and one man were trained to do FIT ministry at the First Baptist Church of Orlando. The group represents many existing ministries in the Orlando and Ocala areas. Attending were Wanda Champagne, Stephen Ministry Coordinator at First Baptist Church and trainer for Stephen Ministers; Tamara Fisher, Chaplain at Inside-Out Jail Ministries as well as program coordinator for the Florida Conference of the United Methodist Church; Sharon Hodges, Transition Home Director for Lydia House; Nancy Maguire, Inside-Out Jail Ministry as well as the First Baptist Women's Jail Ministry; Jeannette Gilson, Women's Jail Ministry and Residents Encounter Christ, Randy Dyson, Micro Church for drug and alcohol addiction; Bonnie Wendell, jail work; and Jammy Hill.

No "Giving Partner" Fund Raiser this Year

The Community Foundation of Sarasota County has announced that there will be no Giving Partner online fund raiser this year. Last year, about \$18,000 was raised by this means, and \$10,000 of that figure was from matching funds. This year, we are trusting that our members will take up the slack and make pledges or one-time gifts. FIT does not receive any government support and relies almost entirely on donations from individuals and churches. To make a contribution, please go to our website at familyintegrity.org or give us a call at 941.799.4975. Be assured that our board members put their money where their mouth is - they contribute thousands of dollars each year.

FIT adjusts to the Changing Expectations of Government Agencies

FIT is continuously responding to the changing needs around us and adjusting to new trends. As announced a few months ago, our 100-hour program which had been approved by the Florida Department of Corrections for nearly a decade, was terminated along with all other existing programs and asked to reapply. FIT has done so and is waiting for a determination. The Department is asking that

we respond to the "criminogenic needs" of inmates. This includes addressing such things as antisocial attitudes, negative thinking, entitlement, and getting better friends and role models. Our faith-based approach offers much along these lines. Our leaders and materials provide good role models

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and can help in transitioning to a more positive lifestyle. This human touch and our thought-out curriculum provide a solid basis for developing good citizenship.

Then there is the spiritual side. Good citizenship and righteous living go hand-in-hand.

How FIT addresses Criminogenic Needs

The following chart shows how all eight of our course books address criminogenic needs. All the courses are self-contained with a common approach. They all emphasize thinking-for-yourself, becoming self-reliant, problem-solving, positive social interaction, and spirituality.

Next FIT Leader Training Date is Saturday, May 6, from 8 AM - 4 PM at Bradenton, FL.

FIT CURRICULUM MAPPED TO CRIMINOGENIC DOMAINS

Domains	Pages in Book	Primary Content	Supporting Topics	Secondary Content	Pages in Book
Social Awareness	entire book	Change of Heart	Risky, antisocial behavior	Anger Dynamics	23-25, 38-51
	entire book	Dating and Marriage	Prosocial interaction	Practical Parenting	1-42
	entire book	Anger Dynamics	Anger management	Change of Heart	entire book
	8-37, 45-67	Anger Dynamics	Problem-solving	Loss and Grief	entire book
	entire book	Loss and Grief	Coping skills	Change of Heart	entire book
Criminal Associates	11-17	Loss and Grief	Self-management	Dating and Marriage	69-79
	62-65	Change of Heart	Decreasing association with friends or acquaintances with those that practice antisocial behavior	Loss and Grief	30, 34-35
	69-74	Dating and Marriage	Individual's role in peer association, the effects and consequences, and encouraging prosocial alternatives	Anger Dynamics	52-66
Criminal Think- ing/Attitude	entire book	Change of Heart	Challenge reasoning/perceptions	Free to Grow	8-45
	19-27, 55-60	Financial Success	Examine and identify thinking errors and triggers of criminal thinking	Insight	19-46
	45-66	Anger Dynamics	Practice expanded thinking, empathy, and prosocial cognition	Change of Heart	entire book
Family/ Marital	entire book	Dating and Marriage	Reducing familial conflict and strength- ening familial relationships	Practical Parenting	entire book
	entire book	Practical Parenting	Parenting skills	Dating and Marriage	
	entire book	Practical Parenting	Taking responsibility for dependent children	Financial Success	9-10
Employment/Education	49-50	Financial Success	Encouraging academic and vocational program achievement		
	55-60	Financial Success	Searching, preparing for, and applying for a job		
	61-68	Financial Success	Keeping a job		
	1-44	Financial Success	Managing Money		
Substance Abuse	1-46	Insight	Recognize maladaptive and antisocial pat- terns of substance abuse		
	1-46	Insight	Provide tools to recognize and abstain and/or control it		
Leisure/ Recreation	1-16	Dating and Marriage	Participation in prosocial activities or pastimes		
	9-68	Dating and Marriage	Promoting wellness and healthy community living		

- There are eight FIT course Books
 150 hours of Instruction
 Each Course is Standalone
 Each focuses on a Key Life Skill
 Criminogenic Needs are shown at Left
 Ways FIT Addresses shown at Top
 How and Where is shown in the Table
 Content Columns are Names of FIT Books